Wellness Center Interview

1/22/14

Esther Horst

Contraceptives:

* condoms
* dental dams
* dr can prescribe oral contraceptives
* dr can prescribe 3 mo. shot, you would have to pick it up from the drugstore and bring it to the nurses to inject it.

Wellness Center

* The Wellness Center can test for all STDs, but it can be expensive to get a lot of them so talk to the doctor about your risks (like having multiple partners)
* For doctor’s visits the insurance will cover the cost, there is not a balance
* For STD testing the insurance will cover most of the cost, but patients pay the balance
* STD tests are sent to the Cleveland Clinic

OB/GYN Appointments

* Recommended to get a pap test at age 21
* If you are sexually active STD testing is recommended, should test yearly and more frequently with increased risks
* Get breast exams yearly, and give self-exams monthly
* STDs for women can possibly include a vaginal exam in stirrups

Resources in Wooster

* Women’s Health Center - 1739 Cleveland Ave. (come to Wellness Center it’s easier)
  + gives STI/STD checks and breast exams
* Planned Parenthood
* Health Department gives STI/STD checks
* Hospital doesn’t provide much sexual healthcare

Men

* testicular exams
  + self-check monthly

If STD-positive

* health department will get involved and ask for partners’ contacts so that they can see doctor

Communication

* Always transmissible
* Always use condoms, but they are not 100%
* Some STI/STDs (Chlamydia and Syphilis) are curable with antibiotics, but need retested
* HIV and Herpes chronic

Recommendations

* Promote dental dams and kotex products